

Wee Care Breakfast Menu - August 2022

Mon	Tue	Wed	Thu	Fri
1 Whole Grain Strawberry Fruit Bar Applesauce Milk	2 Whole Wheat Cereal with Milk 100% Juice	3 Pancakes Bananas Milk	4 Whole Wheat Bagels Jelly Peaches Milk	5 Yogurt Blueberries Granola Milk
8 Blueberry Muffins Applesauce Milk	9 Whole Wheat Cereal with Milk 100% Juice	10 Sausage Biscuits Mixed Fruit Milk	11 Whole Wheat Bagels Cream Cheese Peaches Milk	12 Yogurt Strawberries Granola Milk
15 Whole Grain Apple Cinnamon Bar Applesauce Milk	16 Whole Wheat Cereal with Milk 100% Juice	17 French Toast Bites Bananas Milk	18 Whole Wheat Bagels Jelly Peaches Milk	19 Yogurt Blueberries Granola Milk
22 Banana Muffins Applesauce Milk	23 Whole Wheat Cereal with Milk 100% Juice	24 Waffles Mixed Fruit Milk	25 Whole Wheat Bagels Cream Cheese Peaches Milk	26 Yogurt Strawberries Granola Milk
29 Whole Grain Mixed Berry Fruit Bar Applesauce Milk	30 Whole Wheat Cereal with Milk 100% Juice	31 Pancakes Bananas Milk		

Wee Care Lunch Menu - August 2022

Mon	Tue	Wed	Thu	Fri
1 Spaghetti with Meat Sauce Corn Mandarin Oranges Milk	2 Pizza Bites Peas Grapes Milk	3 Cheese Burgers on Bun Broccoli Pineapple Milk	4 Chicken Noodle Soup Cheese and Whole Wheat crackers Green Beans Mixed Fruit Milk	5 Peanut Butter and Jelly on Whole Wheat Bread Carrots Apples Milk
8 Chicken nuggets Green Beans Mixed Fruit Milk	9 Corn Dogs Peas Pears Milk	10 Lasagna with Meat Sauce Broccoli Buttered bread Pineapple Milk	11 Fish Sticks Rolls Corn Grapes Milk	12 Ham and Cheese on Whole Wheat Crackers Salad with Ranch Cutie Oranges Milk
15 Tomato Soup Cheese and Whole Wheat crackers Corn Mandarin Oranges Milk	16 Meatballs Whole Wheat Crackers Peas Grapes Milk	17 Chicken Cheese Tortilla Green Beans Pineapple Milk	18 Hot dogs on whole wheat bun Tater tots Mixed Fruit Milk	19 Peanut Butter and Jelly on Whole Wheat Bread Carrots Apples Milk
22 Fish Sticks Roll Corn Mixed Fruit Milk	23 Ham and Mac and Cheese Broccoli Pears Milk	24 Chicken Nuggets Green Beans Pineapple Milk	25 Cheese Ravioli /Meat Sauce Peas Grapes Milk	26 Turkey and Cheese on Whole Wheat Crackers Salad with Ranch Cutie Oranges Milk
29 Spaghetti with Meat Sauce Corn Mandarin Oranges Milk	30 Pizza Bites Peas Grapes Milk	31 Cheese Burgers on Bun Broccoli Pineapple Milk		

Wee Care Snack Menu - August 2022

Mon	Tue	Wed	Thu	Fri
Popcorn Milk 1	Chex Mix Milk 2	Whole Grain Goldfish Milk 3	Cheese Sticks and Raisins Water 4	Multigrain Tortilla Chips and Salsa Milk 5
Whole Grain Cinnamon Graham Crackers Milk 8	Whole Grain Rice Cakes Milk 9	Whole Grain Pretzels Milk 10	Whole Grain Granola Bars Milk 11	Animal Crackers Milk 12
Popcorn Milk 15	Chex Mix Milk 16	Whole Grain Sun Chips Milk 17	Cheese Sticks and Raisins Water 18	Multigrain Tortilla Chips and Salsa Milk 19
Whole Grain Graham Crackers Milk 22	Whole Grain Rice Cakes Milk 23	Whole Grain Pretzels Milk 24	Whole Grain Granola Bars Milk 25	Animal Crackers Milk 26
Popcorn Milk 29	Chex Mix Milk 30	Whole Grain Goldfish Milk 31		

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