

Wee Care Breakfast Menu - November 2022

Mon	Tue	Wed	Thu	Fri
	1 Whole Wheat Cereal with Milk 100% Juice	2 Sausage Biscuits Mixed Fruit Milk	3 Whole Wheat Bagels Cream Cheese Peaches Milk	4 Yogurt Strawberries Granola Milk
7 Whole Grain Apple/Cinnamon Bar Applesauce Milk	8 Whole Wheat Cereal with Milk 100% Juice	9 French Toast Bites Bananas Milk	10 Whole Wheat Bagels Jelly Peaches Milk	11 Yogurt Blueberries Granola Milk
14 Blueberry Muffins Applesauce Milk	15 Whole Wheat Cereal with Milk 100% Juice	16 Waffles Mixed Fruit Milk	17 Whole Wheat Bagels Cream Cheese Peaches Milk	18 Yogurt Strawberries Granola Milk
21 Whole Grain Strawberry Bar Applesauce Milk	22 Whole Wheat Cereal with Milk 100% Juice	23 Pancakes Bananas Milk	24 CLOSED HAPPY THANKSGIVING	25 CLOSED
28 Blueberry Muffins Applesauce Milk	29 Whole Wheat Cereal with Milk 100% Juice	30 Chicken Biscuits Mixed Fruit Milk		

Wee Care Lunch Menu - November 2022

Mon	Tue	Wed	Thu	Fri
	1 Corn Dogs Peas Pears Milk	2 Lasagna with Meat Sauce Broccoli Buttered bread Pineapple Milk	3 Fish Sticks Rolls Corn Grapes Milk	4 Ham and Cheese on Whole Wheat Crackers Salad with Ranch Cutie Oranges Milk
7 Tomato Soup Cheese and Whole Wheat crackers Corn Mandarin Oranges Milk	8 Meatballs Whole Wheat Crackers Peas Grapes Milk	9 Chicken Cheese Tortilla Green Beans Pineapple Milk	10 Hot dogs on whole wheat bun Tater tots Mixed Fruit Milk	11 Peanut Butter and Jelly on Whole Wheat Bread Carrots Apples Milk
14 Fish Sticks Whole Wheat Roll Corn Mixed Fruit Milk	15 Ham and Mac and Cheese Broccoli Pears Milk	16 Chicken Nuggets Green Beans Pineapple Milk	17 Cheese Ravioli /Meat Sauce Peas Grapes Milk	18 Turkey and Cheese on Whole Wheat Crackers Salad with Ranch Cutie Oranges Milk
21 Spaghetti with Meat Sauce Corn Mandarin Oranges Milk	22 Pizza Bites Peas Grapes Milk	23 Cheese Burgers on Bun Broccoli Pineapple Milk	24 CLOSED HAPPY THANKSGIVING	25 CLOSED
28 Chicken nuggets Green Beans Mixed Fruit Milk	29 Corn Dogs Peas Pears Milk	30 Lasagna with Meat Sauce Broccoli Whole Wheat Roll Pineapple Milk		

Wee Care Snack Menu - November 2022

Mon	Tue	Wed	Thu	Fri
	1 Whole Grain Rice Cakes Milk	2 Whole Grain Pretzels Milk	3 Whole Grain Granola Bars Milk	4 Animal Crackers Milk
7 Popcorn Milk	8 Chex Mix Milk	9 Whole Grain Sun Chips Milk	10 Cheese Sticks and Raisins Water	11 Multigrain Tortilla Chips and Salsa Milk
14 Whole Grain Graham Crackers Milk	15 Whole Grain Rice Cakes Milk	16 Whole Grain Pretzels Milk	17 Whole Grain Granola Bars Milk	18 Animal Crackers Milk
21 Popcorn Milk	22 Chex Mix Milk	23 Whole Grain Goldfish Milk	24 CLOSED HAPPY THANKSGIVING	25 CLOSED
28 Whole Grain Cinnamon Graham Crackers Milk	29 Whole Grain Rice Cakes Milk	30 Whole Grain Pretzels Milk		

