

Wee Care Breakfast Menu September 2022

Mon	Tue	Wed	Thu	Fri
			1 Whole Wheat Bagels Jelly Peaches Milk	2 Yogurt Blueberries Granola Milk
5 Happy Labor Day!	6 Whole Wheat Cereal with Milk 100% Juice	7 Sausage Biscuits Mixed Fruit Milk	8 Whole Wheat Bagels Cream Cheese Peaches Milk	9 Yogurt Strawberries Granola Milk
12 Whole Grain Strawberry Bar Applesauce Milk	13 Whole Wheat Cereal with Milk 100% Juice	14 French Toast Bites Bananas Milk	15 Whole Wheat Bagels Jelly Peaches Milk	16 Yogurt Blueberries Granola Milk
19 Blueberry Muffins Applesauce Milk	20 Whole Wheat Cereal with Milk 100% Juice	21 Waffles Mixed Fruit Milk	22 Whole Wheat Bagels Cream Cheese Peaches Milk	23 Yogurt Strawberries Granola Milk
26 Whole Grain Mixed Berry Fruit Bar Applesauce Milk	27 Whole Wheat Cereal with Milk 100% Juice	28 Pancakes Bananas Milk	29 Whole Wheat Bagels Jelly Peaches Milk	30 Yogurt Blueberries Granola Milk

Wee Care Lunch Menu September 2022

Mon	Tue	Wed	Thu	Fri
			1 Chicken Noodle Soup Cheese and Whole Wheat crackers Green Beans Mixed Fruit Milk	2 Peanut Butter and Jelly on Whole Wheat Bread Carrots Apples Milk
5 Happy Labor Day!	6 Corn Dogs Peas Pears Milk	7 Lasagna with Meat Sauce Broccoli Buttered bread Pineapple Milk	8 Fish Sticks Rolls Corn Grapes Milk	9 Ham and Cheese on Whole Wheat Crackers Salad with Ranch Cutie Oranges Milk
12 Tomato Soup Cheese and Whole Wheat crackers Corn Mandarin Oranges Milk	13 Meatballs Whole Wheat Crackers Peas Grapes Milk	14 Chicken Cheese Tortilla Green Beans Pineapple Milk	15 Hot dogs on whole wheat bun Tater tots Mixed Fruit Milk	16 Peanut Butter and Jelly on Whole Wheat Bread Carrots Apples Milk
19 Fish Sticks Roll Corn Mixed Fruit Milk	20 Ham and Mac and Cheese Broccoli Pears Milk	21 Chicken Nuggets Green Beans Pineapple Milk	22 Cheese Ravioli /Meat Sauce Peas Grapes Milk	23 Turkey and Cheese on Whole Wheat Crackers Salad with Ranch Cutie Oranges Milk
26 Spaghetti with Meat Sauce Corn Mandarin Oranges Milk	27 Pizza Bites Peas Grapes Milk	28 Cheese Burgers on Bun Broccoli Pineapple Milk	29 Chicken Noodle Soup Cheese and Whole Wheat crackers Green Beans Mixed Fruit Milk	30 Peanut Butter and Jelly on Whole Wheat Bread Carrots Apples Milk

Wee Care Snack Menu September 2022

Mon	Tue	Wed	Thu	Fri
			1 Cheese Sticks and Raisins Water	2 Multigrain Tortilla Chips and Salsa Milk
5 Happy Labor Day!	6 Whole Grain Rice Cakes Milk	7 Whole Grain Pretzels Milk	8 Whole Grain Granola Bars Milk	9 Animal Crackers Milk
12 Popcorn Milk	13 Chex Mix Milk	14 Whole Grain Sun Chips Milk	15 Cheese Sticks and Raisins Water	16 Multigrain Tortilla Chips and Salsa Milk
19 Whole Grain Graham Crackers Milk	20 Whole Grain Rice Cakes Milk	21 Whole Grain Pretzels Milk	22 Whole Grain Granola Bars Milk	23 Animal Crackers Milk
26 Popcorn Milk	27 Chex Mix Milk	28 Whole Grain Goldfish Milk	29 Cheese Sticks and Raisins Water	30 Multigrain Tortilla Chips and Salsa Milk